

Club

Date of this Grading/...../.....

Name

Present Rank

Address

Date of last Grading/...../.....

.....

Instructor

Date of Birth/...../.....

T Rego No

Age.....

REQUIREMENTS

Age	KYU	Grade	Throws	Holds	Strangles	Armlocks	Combinations	Nage No Kata
5+	Ni Ju	white/yellow	1	1				
	Ju Kyu	white/yellow + black tip	2	2				
6+	Ju Hachi	YELLOW	3	3				
	Ju Nana	yellow + black tip	4	4				
7+	Ju Rok	yellow/orange	6	5				
	Ju Go	yellow/orange + black tip	8	6				
8+	Ju Yon	ORANGE	10	7				
	Ju San	Orange + black tip	12	8				
9+	Ju Ni	orange/green	14	10			1	
	Ju Ik	orange/green + black tip	16	10			2	
10+	Ju	GREEN	18	10			3	
	Kyu	green + black tip	20	10			4	
11+	Hachi	green/blue	22	10			5	
	Shichi	green/blue + black tip	24	10			6	
12+	Rok	BLUE	24	10			6	1 set
	Go	blue + black tip	24	10			6	1 set
13+	Yon	blue/brown	32	10	1	1	6	1 + 2 set
	San	blue/brown + black tip	32	10	2	2	6	1 + 2 set
14+	Ni	BROWN	40	10	6	4	6	1, 2 + 3 set
	Ik	brown + black tip	40	10	6	4	6	1, 2 + 3 set

Cadets turning 15 in that year will grade under the senior section

Result

Certificate Number

Examiner's Signature

NCAS/CAF Number.....

EXAMINATION DETAILS

UKEMI **BACK** **SIDE** **FRONT DROP** **FLIP** **ROLL-UP** **ROLL-DOWN**

NAGE WAZA

SET	Technique	Score	Counter	Combination	SET	Technique	Score	Counter	Combination
1-1	De Ashi Barai				3-5	Hane Goshi			
1-2	Hiza Guruma				3-6	Harai Tsuru Komi Ashi			
1-3	Sasae Tsuru Komi Ashi				3-7	Tomoe Nage			
1-4	Uki Goshi				3-8	Kata Guruma			
1-5	O Soto Gari				4-1	Sumi Gaeshi			
1-6	O Goshi				4-2	Tani Otoshi			
1-7	O Uchi Gari				4-3	Hane Makikomi			
1-8	Seoi Nage				4-4	Suki Nage			
2-1	Ko Soto Gari				4-5	Utsuri Goshi			
2-2	Ko Uchi Gari				4-6	O Guruma			
2-3	Koshi Guruma				4-7	Soto Makikomi			
2-4	Tsuru Komu Goshi				4-8	Uki Otoshi			
2-5	Okuri Ashi Harai				5-1	O Soto Guruma			
2-6	Tai Otoshi				5-2	Uki Waza			
2-7	Harai Goshi				5-3	Yoko Wakare			
2-8	Uchi Mata				5-4	Yoko Guruma			
3-1	Ko Soto Gake				5-5	Ushiro Goshi			
3-2	Tsuru Goshi				5-6	Ura Nage			
3-3	Yoko Otoshi				5-7	Sumi Otoshi			
3-4	Ashi Guruma				5-8	Yoko Gake			

KATAME WAZA

Technique	Score	Escape	Variation
Kesa Gatame			
Kuzure Kesa Gatame			
Kami Shiho Gatame			
Kuzure Kami Shiho Gatame			
Ushiro Kesa Gatame			
Yoko Shiho Gatame			
Kuzure Yoko Shiho Gatame			
Tate Shiho Gatame			
Kuzure Tate Shiho Gatame			
Kata Gatame			

Kata Juji Jime			
Nami Juji Jime			
Gyaku Juji Jime			
Hadaka Jime			
Okuri Eri Jime			
Kata Ha Jime			

Ude Hishigi Juji Gatame			
Ude Garami			
Ude Hishigi Ude Gatame			
Ude Hishigi Hiza Gatame			
Ashi Garami			

Moving past the legs

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Turn-overs

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General knowledge

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Randori

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Entries

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Other:

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